

## SIZING GUIDE FOR TOPS

### STEP ONE: MEASURE YOURSELF

Make sure to take your body measures and not the measures of your existing clothes.

1. Measure your chest circumference (A) and your arm length (B).
2. Measure the arm length from your neck to the point on your wrist where you want the sleeve to end.

If you intend to wear additional layers underneath the jacket or sweater, measure yourself wearing additional layers.

### STEP TWO: DEFINE YOUR SIZE

Use the chart below to determine your jacket, sweater or shirt size based on your body measurements.

If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit.



SIZE	(A) CHEST CIRCUMFERENCE		(B) ARM LENGTH	
	Centimeters	Inches	Centimeters	Inches
XS	80 - 85	31.5 - 33.5	72 - 76	28 - 30
S	86 - 91	34 - 36	74 - 78	29 - 31
M	92 - 97	36 - 38	76 - 80	30 - 31.5
L	98 - 103	38.5 - 40.5	78 - 82	31 - 32
XL	104 - 109	41 - 43	80 - 84	32 - 33
2XL	110 - 115	43 - 45	82 - 86	32 - 34
3XL	116 - 121	45.5 - 48	82 - 86	32 - 34
4XL	122 - 126	48 - 50	82 - 86	32 - 34

## SIZING GUIDE FOR PANTS

### STEP ONE: MEASURE YOURSELF

Make sure to take your body measures and not the measures of your existing clothes.

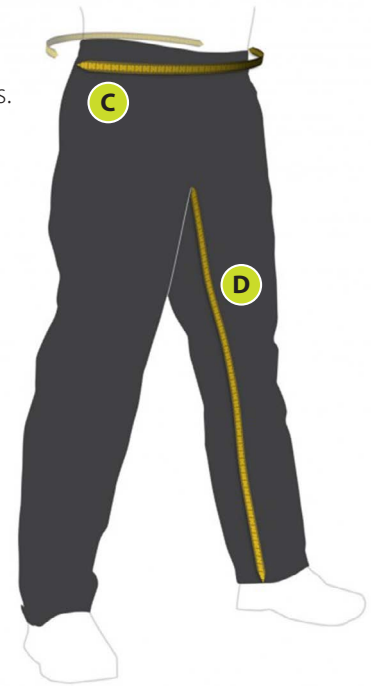
1. Take the measures preferably in underwear.
2. Measure your belly circumference (C) where you normally wear your belt and your inseam (D) from your crotch to the floor and deduct 2cm (3/4 inches). The calculated value is the inseam value (D).

If you intend to wear additional layers underneath the pants, measure yourself wearing additional layers.

### STEP TWO: DEFINE YOUR SIZE

Use the chart below to determine your pants size based on your body measurements.

If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit.



SIZE	(C) BELLY CIRCUMFERENCE		(D) INSEAM	
	Centimeters	Inches	Centimeters	Inches
<b>28/32</b>	74 - 76	29 - 30	79 - 83	31 - 33
<b>29/32</b>	77 - 79	30.5 - 31	79 - 83	31 - 33
<b>30/30</b>	80 - 84	31.5 - 33	74 - 78	29 - 32
<b>30/32</b>	80 - 84	31.5 - 33	79 - 83	31 - 33
<b>32/30</b>	85 - 88	33.5 - 34.5	74 - 78	29 - 31
<b>32/32</b>	85 - 88	33.5 - 34.5	79 - 83	31 - 33
<b>32/34</b>	85 - 88	33.5 - 34.5	84 - 89	33 - 35
<b>32/36</b>	85 - 88	33.5 - 34.5	89 - 94	35 - 37
<b>33/30</b>	88 - 91	34.5 - 36	74 - 78	29 - 31
<b>33/32</b>	88 - 91	34.5 - 36	79 - 83	31 - 33
<b>33/34</b>	88 - 91	34.5 - 36	84 - 89	33 - 35
<b>33/36</b>	88 - 91	34.5 - 36	89 - 94	35 - 37
<b>34/30</b>	91 - 96	36 - 38	74 - 78	29 - 31
<b>34/32</b>	91 - 96	36 - 38	79 - 83	31 - 33
<b>34/34</b>	91 - 96	36 - 38	84 - 89	33 - 35
<b>34/36</b>	91 - 96	36 - 38	89 - 94	35 - 37
<b>36/30</b>	96 - 101	38 - 40	74 - 78	29 - 31
<b>36/32</b>	96 - 101	38 - 40	79 - 83	31 - 33
<b>36/34</b>	96 - 101	38 - 40	84 - 89	33 - 35
<b>36/36</b>	96 - 101	38 - 40	89 - 94	35 - 37
<b>38/31</b>	101 - 104	40 - 41	77 - 81	30 - 32
<b>38/33</b>	101 - 104	40 - 41	81 - 86	32 - 34
<b>38/35</b>	101 - 104	40 - 41	86 - 91	34 - 36

## SIZING GUIDE FOR OVERPANTS

### STEP ONE: MEASURE YOURSELF

Make sure to take your body measures and not the measures of your existing clothes.

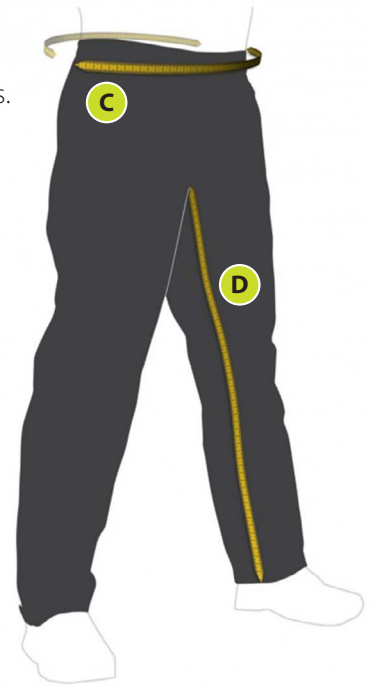
1. Take the measures preferably in underwear.
2. Measure your belly circumference (C) where you normally wear your belt and your inseam (D) from your crotch to the floor and deduct 2cm (3/4 inches). The calculated value is the inseam value (D).

If you intend to wear additional layers underneath the pants, measure yourself wearing additional layers.

### STEP TWO: DEFINE YOUR SIZE

Use the chart below to determine your pants size based on your body measurements.

If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit.



SIZE	(C) BELLY CIRCUMFERENCE		(D) INSEAM	
	Centimeters	Inches	Centimeters	Inches
<b>S</b>	76 - 81	30 - 32	76 - 80	30 - 31.5
<b>M</b>	82 - 87	32 - 34.5	78 - 82	31 - 32
<b>L</b>	88 - 93	34.5 - 36.5	80 - 84	31.5 - 33
<b>XL</b>	94 - 99	36.5 - 40	82 - 86	32 - 34
<b>2XL</b>	100 - 105	39 - 41.5	83 - 86	32.5 - 34
<b>3XL</b>	106 - 111	41.5 - 44	83 - 86	32.5 - 34

## SIZING GUIDE FOR WINDSTOPPER LINING

### STEP ONE: CHECK YOUR PANTS SIZE

The size of the lining depends on the size of your UF PRO pants. Your pants size is defined by width/length. If your pants size is for example 33/32, then this means that the width of your pants is 33 and the length 32.

### STEP TWO: DEFINE YOUR LINING SIZE

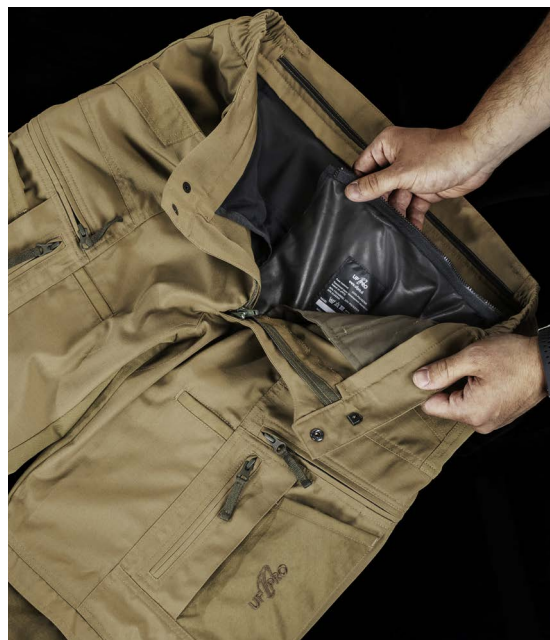
The size of the lining is defined by width and length.

- A length of 30 or 32 correlates with a lining length of S.
- A length of 33 to 36 correlates with a lining length of L.

So, if your pants size is 33/32, then your lining size should be 33/S.

If your pants size is 33/34, then your lining size should be 33/L.

Use the chart below to determine your lining size.



SIZE	WIDTH OF YOUR PANTS	LENGTH OF YOUR PANTS
W28/S	28	30 - 32
W29/S	29	30 - 32
W30/S	30	30 - 32
W30/L	30	33 - 36
W32/S	32	33 - 36
W32/L	32	33 - 36
W33/S	33	30 - 32
W33/L	33	33 - 36
W34/S	34	30 - 32
W34/L	34	33 - 36
W36/S	36	30 - 32
W36/L	36	33 - 36
W38/S	38	30 - 32
W38/L	38	33 - 36

## SIZING GUIDE FOR HATS & CAPS

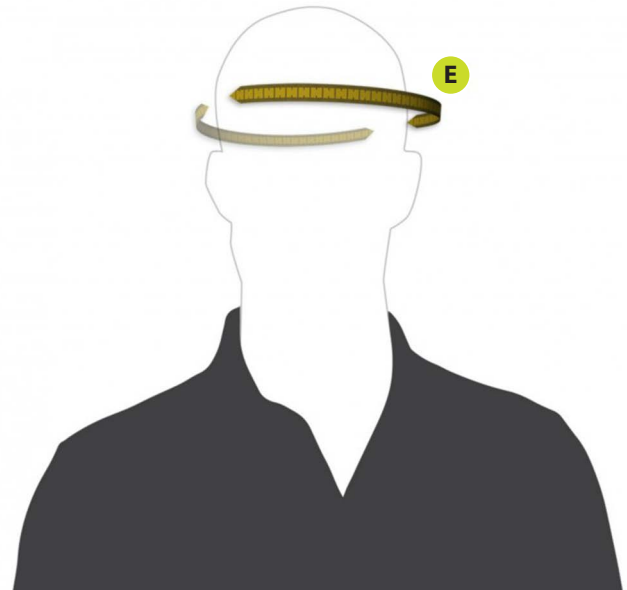
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### STEP ONE: MEASURE YOURSELF

Measure your head circumference (E).

### STEP TWO: DEFINE YOUR SIZE

Use the size chart below to determine your head size based on your head circumference.



SIZE	(E) HEAD CIRCUMFERENCE	
	Centimeters	Inches
<b>S</b>	54 – 55	21.5 – 22
<b>M</b>	56 – 57	22 – 22.5
<b>L</b>	58 – 59	22.5 – 23.5
<b>XL</b>	60 – 61	23.5 – 24
<b>2XL</b>	62 – 63	24.5 – 25